# **UHD Nursing** Newsletter

## April 2020

# IN THIS ISSUE

About CCNE Accreditation Community Engagement Research Activities

## **UHD RN-BSN Nursing News**

#### About the Commission on Collegiate Nursing Education Accreditation

The CCNE field visit occurred in October, 2019. Three faculty members from three nursing schools had a field visit to UHD for three days. After carefully examining all the documents and interviewing all members in the program, they spoke highly of the work done by the nursing faculty and staff at UHD.

#### **Our Students Services in Times of Health Crisis**

Our professional nursing students are involved in communities, through their clinical practice, to educate community residents about the prevention and detection of Covid19 and appropriate responses to any environmental or pandemic threat. Our students are practicing staff nurses who follow pandemic guidelines while caring for patients, families, and communities. Their caring, calm attitudes and evidence-based practice keep their patients and all of us safe. We extend our thanks

## Meet UHD RN-BSN Staff



Linda Dune, PhD., RN Director 713-221-2731 | dunel@uhd.edu



Song Ge, PhD., RN, BSN Assistant Professor & Newsletter Editor 713-221-5746 | ges@uhd.edu



Jacqueline Santiago, B.S. Program Coordinator 713-221-5732 | santiagj@uhd.edu

# Quick Updates

CCNE initial accreditation visit occurred in October 2019.

College of Sciences & Technology RN to BSN

Our students are at the frontline to battle against Covid-19.

Feature story in the UHD 2019 Spring Magazine. Access at: uhd.edu/nursing

UHD Nursing faculty engage in scholarship activities in local HIV communities.



#### www.uhd.edu/nursing



UHD RN-BSN students implementing a primary prevention topic at HCC.



UHD nursing faculty and students are doing healthcare assessment project at Fonville Health Fair in March, 2019.

College of Sciences & Technology RN to BSN

## **Teaching Innovations**

- 1. Faculty at the UHD RN-BSN program are currently developing online version of some courses they offer. They are expected to be launched online in Fall, 2021.
- For the community care course this semester, students are using the online virtual learning software to immerse themselves in different scenarios such as prisons, disasters, schools, shelter

## Contributing to Advancing Nursing Sciences through Research

- Faculty at UHD RN-BSN program strive to receive additional education to continually strengthen their knowledge and skills. Dr. Linda Dune reinstated her Clinical Nurse Leadership Certification (CNL) in 2020 while Dr. Song Ge received the Community Health Worker Certificate in the state of Texas in 2019 after 160hour competencybased Community Health Worker training program.
- 2. Dr. Dune attended the Clinical Nurse Leader Annual Conference in San Antonio.
- 3. Dr. Song Ge delivered a presentation on the risks of at-risk alcohol use among women living with human immunodeficiency virus at the International Scholars Exchange Forum of Nanjing Medical University in China in December, 2019.
- 4. Dr. Song Ge received Excellent Reviewer of 2019 from the International Journal of Nursing Sciences in China.

### **Community Engagement in local HIV Communities**

Dr. Dune and Dr. Song Ge applied for and received the Organized Research and Creative Activities Award of \$7,244 in Fall 2019. The grant will be used to conduct a randomized control trial pilot study to determine the effects of Therapeutic Chinese Massage (TCM) on peripheral neuropathy (PN) symptoms among people living with human immunodeficiency virus (PHIV).

With the advancement of biomedical science, PHIV on medications live almost as long as the general population. However, living long does not mean living better. PN, characterized by burning, stiffness, prickling, tingling, and numbness or loss of feeling in a person's extremities, occurs in half of PHIV. HIV-related PN is associated with nerve damage caused by the HIV virus or antiretroviral medications, and is often aggravated by alcohol use. Currently there is no Food and Drug Administration approved treatment for HIV-related PN. PHIV with PN either need to quit the offending medications or take anti-seizure, anti-depressants, or analgesic medications that have multiple side effects to temporarily alleviate symptoms. Only half of these who take medications report a significant reduction in pain. Sometimes, PN becomes a permanent issue that many PHIV have to live up with. TCM, structured palpations or movements of soft tissues of the body, is a promising non-harmful and non-costly intervention that can potentially alleviate or even treat PN but relevant research is limited.

This study is consistent with the mission of UHD as it dedicates to reaching out and serving the underserved population residing in local communities in Houston, promoting students' engagement in scholarly research, and contributing to nursing science. Researchers will recruit about 30 PHIV from the AIDS Foundation in Houston and consider applying for larger external grants from the National Institute of Health (NIH) owing to its scientific value and potential benefits.