

Gulf Coast Regional Blood Center

Give Blood! Give Life!

Emergencies happen daily and require that blood be available ahead of the need.

*Every day, 2,000 units of blood are transfused in the Texas Gulf Coast region...
365 days a year.*

Regular blood donors give at least twice a year.

The need is real. It's About Life!

Top Ten Reasons To Give Blood

1. YOU are the ONLY source for blood.
2. It doesn't cost you anything to give blood.
3. You CANNOT get a disease from donating blood.
4. Every 3 seconds, someone needs blood, and they aren't all "sick" people.
5. 1 in 7 people will need blood at some point in their lives.
6. Only 1 in 20 people actually donate blood. (DO THE MATH)
7. It takes a split second to go from being a blood donor to being a blood recipient.
8. 1 unit of blood can save 3 lives
9. We must collect 800 pints of blood every day and 240,000 pints a year for over 7000,000 people in over 200 healthcare facilities in a 20,000-square-mile area.
10. If you don't donate regularly, how can you be sure the supply will be there when you or a family member or friend needs it?